



Albert Lea High School Cross Country Meet information

To: Boys and Girls Cross Country Coaches

From: Jim Haney and Margo Wayne-Albert Lea High School Co-Head Coaches

Re: **Monday, August. 28, 2023**-Albert Lea, Austin, Byron, Faribault, Kasson-Mantorville, Owatonna, PEM, Rochester Mayo, Stewartville, Rochester Century

The following information will assist you in planning for the Albert Lea Cross Country Meet. **This course will be the section 1AA course 2023.**

Date-Monday, Aug. 28, 2023

Location-Bancroft Bay Park in Albert Lea, 303 West Hammer Road

Timing System-Wayzata Results will be handling the timing and scoring duties. You will need to enter your roster on athletic.net by Friday August 25, 2023 Look for the instruction on athletic.net to post your rosters

Race order will be:

4:00 pm-Jr. High girls/boys 2500 m-1 loop

4:20 pm-Newcomer race girls/boys-race for grades 9-12 who are new to cross country-2500 m 1 loop

4:45 pm-JV/V girls 5000 m-2 loops-unlimited entries

5:15 pm-JV/V boys 5000 m-2 loops-unlimited entries

Course will open for teams at 2:30 pm

Porta potties-will be available for runners

Team camps-camps will be located near the start/finish line

Parking-Spectator parking should be at the Albert Lea football stadium-from the stadium spectators may board a shuttle to be brought to Bancroft Bay Park, this is the preferred way for spectators to get to the course. I will be sending out information as soon as I have it in regards to when the shuttle starts and ends running to the course or spectators can park on Harmony and Highland and walk to the course (about 800 m). There will be no parking allowed on Hammer Rd or Greenwood Dr. The city will strictly enforce this.

Bus Parking will be in the upper part of Bancroft Bay Park

Maps-Each Team will be given a number of maps to have

Lanes for the start of the race

Lane 1-Rochester Mayo

Lane 2-Stewartville

Lane 3-Faribault

Lane 4-PEM

Lane 5-Owatonna

Lane 6-Albert Lea
Lane 7-Byron
Lane 8-Austin

Spectator areas will be marked to separate the runners from the spectators

The course for team camps does not have many shady areas, you may want to bring umbrellas, tents or anything that could supply shade.

There may be a concession stand for runners and spectators-I will let you know when I have more information

If you have any questions please feel free to contact us at jim.haney@alschools.org or 507-402-1512-Jim Haney's cell number